

Meray Shehata

B.Physio



Position:

Physiotherapist

Qualifications:

- Bachelor of Physiotherapy

Affiliations:

- Registered with the Australian Health Practitioner Regulation Agency (AHPRA)

Accreditations:

- Worker's Compensation and CTP Accreditation – SIRA
- First Aid, Basic Emergency Life Support and CPR – CBD College
- Mental Health First Aid

Clinical Areas:

- Occupational health (Management of acute musculoskeletal injuries and pre-employment screenings)
- Work related and CTP injuries
- Orthopaedics
- Neurological rehabilitation

Clinical Background:

Meray has extensive experience in different physiotherapy areas including musculoskeletal, acute and neurological settings through working in various hospitals and private practices across the state. She has a great interest in musculoskeletal injuries, with particular interest in work-related injuries. Using evidence-based practice, Meray provides various hands-on treatments as well as personalised exercise programs to guide her patients through recovery and help them achieve their functional goals to facilitate an early return to work.