



Why Choose IMMEX for all your Injury Management?

IMMEX has been Sydney's leading occupational medical specialist centre for over 12 years.

Our philosophy is to provide the **best medical treatment based on evidence and the best possible return-to-work outcome for the worker in the shortest possible time**. We believe communication and respect for the needs and rights of all parties involved in the management of an injured worker are fundamentally paramount.

IMMEX aims to **assist employers and their agents to manage their workers compensation risks and responsibilities**. We achieve this by providing convenient, reliable, cost effective management and prevention of workplace injury or illness.

Our team of Doctors and Physiotherapists has succeeded in substantially reducing workers compensation premiums for many companies over the past 12 years by taking a positive, pro-active approach to injury management with all parties striving to return the injured worker without restrictions as soon as possible to the workplace.

IMMEX is not a group of GP's and physios. **IMMEX only provides and delivers Occupational Medicine and Physiotherapy**. We only cater for work related matters; therefore, you or your employees aren't waiting in a long line of mums, dads and kids to see a GP. Nor are you and your employee sitting in a hospital Accident and Emergency Receptions waiting for hours to be seen. IMMEX's goal is to have all injuries seen within **15 minutes**.

Our team of experienced Doctors and Physiotherapists understand the importance of communication. They are available and will contact you about your injured employees so there is a clear plan and approach to the management of the injured worker.

We pride ourselves on being able to offer a complete range of services from Pre-Employment Medicals, Injury Management, IMC's, Medico-Legal, Fitness for Duty or Capacity and Health Surveillance services such as hearing tests, skin cancer assessments, Asbestos and other Hazardous substance medicals. We also offer on-site services such as Vaccination Programs, Health Checks and many more.

Given many of IMMEX's clients operate 24/7, we offer a **24/7 Medical Service**. The **IMMEX After Hours Service** is available on agreement and so if required, your company can enjoy unparalleled, 24/7 continuity of care by the same team of specialist, occupational medical practitioners.

IMMEX also offers an **After Hours Transport Service** for injured workers. We pick up the injured worker, transport them to the surgery where the injured worker is treated by the Doctor, and then return them to the workplace. The After Hours Transport Service saves the employer having a Manager or employee taken off the job to transport the injured worker to the Surgery or relying on public transport or taxis late at night.

IMMEX provides **free transport for X-ray services** during the day and our patients are given priority service at Spectrum Imaging therefore minimising the waiting time. X-ray reports are forwarded immediately to the treating Doctor for review and discussion with the patient.

For more information on IMMEX and all our services, please call Salli Bice on 02 9319 5999 (ext 126) or email sbice@immex.com.au.

IMMEX Services

Pre Employment Medicals

- PP1 - Basic
- PP2 - Basic + Audio
- PP3 - Basic + Audio & Spiro
- Tracksafe - Cat's 1, 2 & 3
- Mining & Coal Board medicals
- Physio / Functional assessments
- Drug & alcohol screening
- ECG
- Pathology testing of drug results
- Pathology testing
- Aviation Medicals
- Hazardous Substances
- Confined Spaces
- Vaccinations

Treatment & Management of Occupational Injury & Illness

Physiotherapy

Specialist Services and Medico Legal Work

- Injury Management Consultations
- Independent Medical Examinations
- Fitness for Duties
- Section 40's
- Psychological assessments
- Exit medicals
- CTP & MAA Assessment

On Site Services

- Flu, Hepatitis & Tetanus programs
- Audiometry testing
- Spirometry testing
- Spray Painters medicals
- Hazardous Substance medicals
- Employee Health Clinics - BMI, Blood Pressure, Vision, Cholesterol

After Hours Services (available on request)

- Monday to Friday: 6pm – 8am
- Saturdays, Sunday & Public Holidays – 24 hours (Christmas Day and New Years Day excluded)

IMMEX First Transport Option

- Free transport to X-ray as part of injury treatment
- Transport for after hours clients

For all IMC, IME, Medico Legal, and Fitness for Duties assessments call Laura Oliveira on 9319 5999 ext 130.



WHS Act mandates hearing tests every two years

The Work Health and Safety Act (WHS Act) for managing noise and preventing hearing loss at work states audio tests should be carried out in a pre employment medical or within three months of the worker commencing work to establish a base line reference. Once employed, regular tests must be carried out at least every two years with test results, accompanied by a written analysis and explanation of the meaning and implications given to the employee.

The Code of Practice helps employers understand their obligations under the Act and is an easy to read and practical guide on the legislation. The Code includes noise and its effect of Health and Safety, how to identify hazards, how to assess risks, how to control risks and with who and how employees should be tested. The Code applies to all types of work and all workplace covered by the WHS Act where there is the potential for exposure to noise that can contribute to hearing loss. It provides guidance to persons conducting a business or undertaking on how noise affects hearing, how to identify and access exposure to noise and how to control health and safety risks from hazardous noise.



The link to The Code of Practice is:
<http://www.workcover.nsw.gov.au/formspublications/publications/Documents/managing-noise-preventing-hearing-loss-code-of-practice-3563.pdf>

For more information on audio tests as part of Pre employment medicals and biennial audio tests either on-site or at IMMEX, please call Salli Bice on 9319 5999 ext 126.



Asbestos and other Hazardous Substance Medical Assessments

On January 1, 2013 new work health and safety laws replaced occupational health and safety laws with Clauses 435 – 444 of the Work Health Safety Regulation 2011 requiring a person conducting a business or undertaking (PCBU) to ensure health monitoring is provided to a worker if they are carrying out licensed asbestos removal work.

Health monitoring includes a medical examination to provide an initial baseline medical assessment and must also include the following.

- Consideration of the worker's demographic, medical and occupational history
- Consideration of records of the worker's personal exposure
- A physical examination of the worker with emphasis on the respiratory system, including standardised respiratory function tests

The Health monitoring must be conducted prior to the worker commencing asbestos removal work and at regular intervals at least once every two years.

For more information and to book Asbestos Hazardous Substance Medicals as well as medicals for all other hazardous substances including Spray Painters medicals, please call Salli at IMMEX on 9319 5999 ext 126.